

FIELD TRIP “ON-THE-GO” LUNCH PRINCIPAL/TEACHER FAQs

LOGISTICS

My class is going on a field trip, what do I do about lunch?

Give parents a break from having to pack a lunch and encourage students to order their lunch from the school café. Food and Nutrition Services offers “On-the-Go” lunches for students on authorized field trips.

Why do we offer school lunches when taking students on a field trip?

Per CA ED CODE 49550. (a) Notwithstanding any other provision of law, each School District shall provide for each needy pupil one nutritionally adequate free or reduced-price meal during each school day. Therefore, field trips must have a meal available for needy students.

How do I let my student’s parents know about the school field trip lunches?

The best way to let parents know the meals are available is to include a notice on the permission slip. For example:

Please check one: My child will bring his/her own lunch from home.

My child would like a lunch from the school (FREE).

We also encourage you to send home a flier with the new field trip lunch menu displayed, so parents and students know the great options available to them. The fliers are available [HERE](https://www.sandiegounified.org/departments/food) <https://www.sandiegounified.org/departments/food>.

How and when do I order the field trip lunches?

Once you know how many students would like a lunch from the school café, complete the ORDER FORM and return to your schools cafeteria site leader 10 school days before your field trip.

How do I get the meals before we leave for our field trip?

On the day of your field trip, you will pick up the meals from the school café. Depending on the meal option you choose for the class, you will either be given a cooler to transport the lunches, or the lunches will be placed in students’ backpacks.

What are the procedures for distributing meals to students?

During the lunch service, use a current class roster as the check-off list for student’s who received a meal.

What should we do with any leftover food?

If you have the cooler or backpack menu, dispose of any remaining meals after the lunch service at the field trip location. If you have the shelf stable menu, return leftover food to the school cafeteria site leader.

What do I do after the field trip?

Submit the checked off class roster and return the cooler, if one was used, to your school’s cafeteria site leader.

MENU/FOOD

What is on the menu for field trips?

We have three meal options for field trips. The entire class must receive the same option. "On-The-Go" Meal Options include:

<p>COOLER OPTION: Turkey & American Cheese on Crostini Tortilla Chips 100% Fruit Juice Slush Fresh Apple (9th-12th grade) Carrot Sticks Ranch Dressing White or Chocolate Milk (shelf stable)</p> <p><i>* Requires a cooler provided by the school cafeteria.</i></p>	<p>BACKPACK OPTION: Sunbutter & Jelly Sandwich Tortilla Chips Fresh Apple Carrot Sticks Ranch Dressing White or Chocolate Milk (shelf stable) String Cheese (9th-12th grade)</p> <p><i>* Meals placed in students' backpacks.</i></p>	<p>BACKPACK PRE-K OPTION: Sunbutter & Jelly Sandwich Applesauce Green Beans White Milk (shelf stable)</p> <p><i>* Meals placed in students' backpacks.</i></p>
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*Students may take multiple servings of fruit and vegetable items.

Do students need to take milk?

Milk must be *offered* with the meal, however, students are not required to select milk during service time.

Can special diet accommodations be made for field trip meals?

Students with special dietary needs and medical prescriptions on file with Food and Nutrition Services may be provided a meal that is based on the written medical statement. Your school's Cafeteria Site Leader will confer with Area Supervisor and Menu Systems Dietitian for appropriate meal to be provided. Special Diet Meals will be bagged separately with student's name and noted "Special Diet".

Can meal substitutions for reasons other than special diet accommodations be made?

No, outside of meals for students with special dietary needs and medical prescriptions on file meal substitutions cannot be accommodated.

PRICING

How much do field trip lunches cost?

Lunches are available for all students at NO COST under the CA Universal Meals Program.

Can teachers and adult volunteers buy a lunch for the field trip?

Yes, adults may pre-order a lunch for field trips. Adult meals are \$4.00. Please indicate to the cafeteria site leader and provide payment when submitting the order form.